



Mental Health First Aider Support Session

WHO SHOULD ATTEND:

CERTIFIED MENTAL HEALTH FIRST AIDERS ONLY

WHAT:

- This is a support session for individual's who have been trained by The LightHouse in *Adult* or *Adolescent* MHFA.
- The session will offer support to Certified Mental Health First Aiders
- De-brief & reflect on first-aid situations you've experienced
- Ask MHFA Instructors any questions you may have



MENTAL
HEALTH
FIRST AID
UNITED ARAB EMIRATES

*Mental Health for
Everyone, Everywhere*

FACILITATED BY:

The LightHouse MHFA Instructors
90 minutes, Free-of-Cost

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THE LIGHTHOUSE
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